通过brew安装

brew install postgresql

**启动**

pg\_ctl -D /usr/local/var/postgres -l /usr/local/var/postgres/server.log start

###创建用户

createuser username -P

###连接

psql -U username -h 127.0.0.1

###停止postgresql

pg\_ctl -D /usr/local/var/postgres stop -s -m fast